

‘A life is not important except in the impact it has on other lives.’

Jackie Robinson

To our friends & supporters:

In a Sanctuary Community, we make a commitment (among others) to Growth and Change. It is this commitment that builds hope – hope for our staff and board that they are having an impact and hope for our clients that recovery is not only possible but actually realized day to day. What our community accomplished together this last year reflected that commitment. While numbers reflect that we served over 5,300 clients this last year, representing youth, adults, families, and that our clients felt good about the services they received, we remember that embedded in those numbers is the at-risk child who was able to remain in the home and in school, the young adult who for the first time was able to find some success in independence by finding a job and securing his own housing, or the child who found a safe place to get the help she and her family needed to begin building a better life together.

Recently, I was made aware of a poignant example of such Growth and Change – a woman who feared she would lose services because she had obtained private insurance. This insurance was a benefit received because, through help here, she was able to get a job, a job she loved. Through her success at work, she received a promotion. Further, she noted changes in the way she was relating/connecting to others and feeling more “in balance” because she had others who took time to listen and give her helpful feedback. She identified her life as being much better – what an example of our mission in action: helping build better lives.

Our Growth and Change this last year was also made possible by the critical support we received from our friends in the community – donors, community partners, business associates, and others. Together, we made an impact that changed lives and our community. We are truly grateful.

Bryan K. Blankenship, Ph.D.
Executive Director

Highlights

‘Thank you for helping my son with the tools to manage his anger better.’

This comment was among many from parents of the **1,622 children served** by our agency in the last year. This number included **535 children and youth served at the CALM Center**. Children and youth, ages 10-17, stay for seven days, receive assessment, treatment, and learn tools to change behavior while families receive education and support.

‘For the first time, I had someone to believe in me. I began to believe in myself.’

Wraparound Tulsa served 246 children, young adults and their families and significantly decreased out of home placements, school suspensions, self-harm, and encounters with the law. This intense service helps identify the correct community services, advocates with schools and courts, provides someone to talk to when a crisis occurs, and educates families on children’s illnesses and how to help children manage behavior.

‘Without your help, I would not be able to afford my medication.’

Medication, along with treatment, is critical for clients of all ages to remain symptom free and live successfully in the community. The **pharmacy filled a record 61,124 prescriptions**. Despite tighter restrictions on drug manufacturers’ donations, the staff still received **\$5.2 million in donated medication for our clients**.

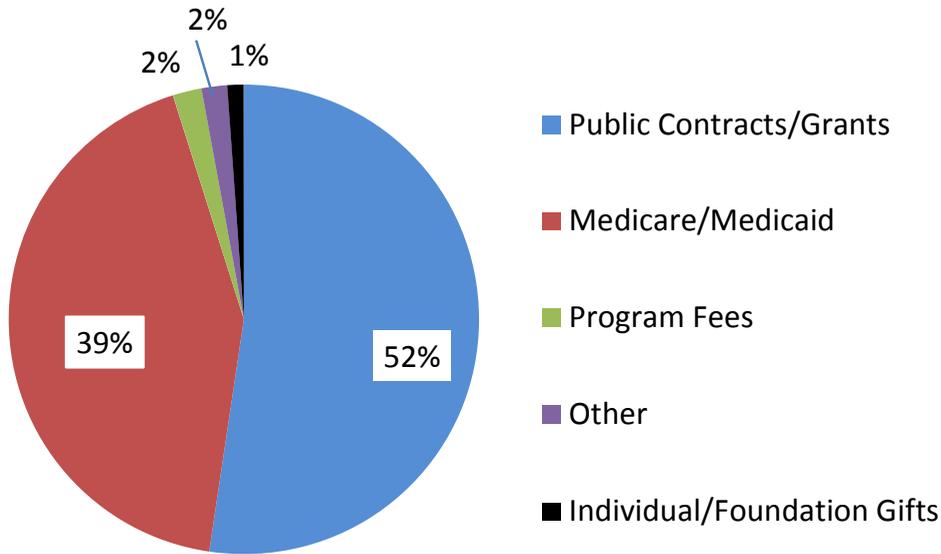
‘I would have been homeless without your services.’

One of our **3,671 adult client** told hundreds of mental health advocates and legislators at the state Capitol how she received life-changing treatment, medication and emergency assistance from our agency.

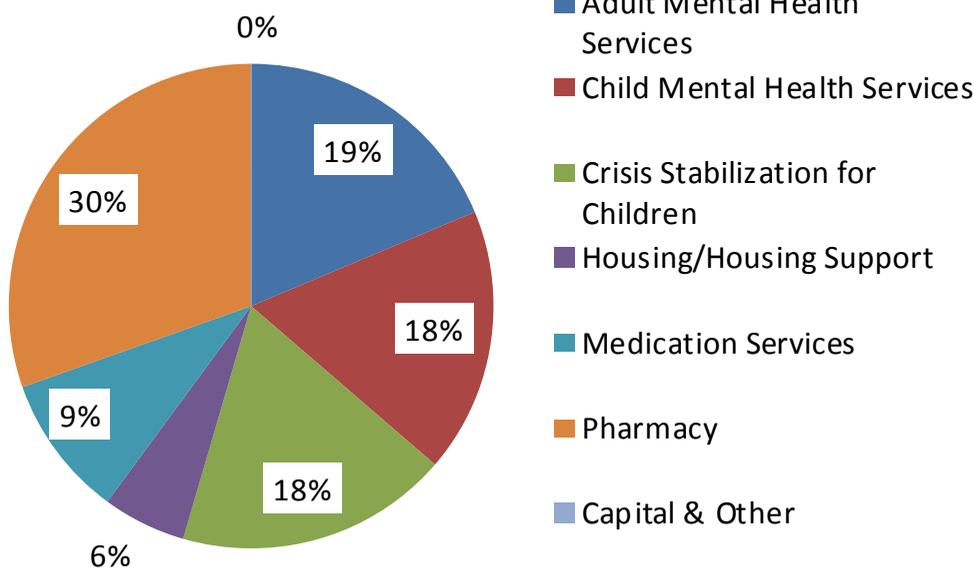
CARF re-accreditation assures quality of care

Our agency’s adult and children’s outpatient services, adult and children’s case management, and children’s crisis services at the CALM Center received the maximum **three-year re-accreditation from CARF**, the international accrediting agency for behavioral health services. In their final report, the professionals who completed the CARF survey praised the agency’s board, leadership and staff.

FY13 Revenue



FY13 Expenses



You make a difference

Your gifts made a huge difference in 2013. With your help, we provided just under one million dollars in services above our state contract limits to hundreds of children and adults. These services included crisis care, housing, and mental health and substance abuse assessments, treatment planning, and treatment, including medication.

One woman's story illustrates how your gifts made an impact: "My life was in turmoil when I came here. I almost became homeless. You provided medicine and counseling for free. The medicine and treatment keep me on track. My medicine costs hundreds of dollars a month. I could not afford my medicine without your help."

If you want to know how you can help in 2014, contact Taylor Davis at 918.392.5809 or tdavis@crsok.org.

2013 Donors

Kellye Baggett
 Belk Charity Day
 Dr. Christopher Blaisdell
 Bryan Blankenship, Ph.D.
 Tim Boeckman
 Brita Cantrell
 Children's Medical Charities Association
 Church of the Madalene
 Community Care of OK
 Melissa Cope
 Taylor Davis
 Del Dreyer
 Rebecca Dozier
 GH2 Architects
 Debbie and Herald Givens
 Dr. Jerry & Julie Gustafson
 Sue Harbison
 Andrew Havens
 Charlie Helm
 Catherine Howard
 Bob and Joan Hunt
 Incredible Pizza, Tulsa
 Brian Jackson
 Willye Jones
 Christopher Kauth
 Arianna & Spencer Moore
 Beverly Moore
 Lauren Myers
 Steve Odom
 Plan Benefit Analysts of Tulsa
 RCB Bank
 Shane Regier
 Bryan E. Rowland, LPC, JD
 Aaron Smith
 Tulsa Run
 Kiel Werner

Foundations

Cuesta Foundation
 Hille Foundation
 Rotary Club of Tulsa Foundation
 George Kaiser Family Foundation
 Temple Foundation
 Anne & Henry Zarrow Foundation

Board of Directors

Chairman

Tim Boeckman
 CJC Architects, Inc.

Vice Chairman

Debbie Givens

Community Volunteer

Members

Kellye Baggett

Home Study Writer

Rebecca Dozier

Elliott, Dozier & Heland, PC

Andrew Havens

RCB Bank

Willye Jones

Tulsa Public Schools

Arianna Moore

Tulsa City Council

Steve Odom

Tulsa Police Department

Shane Regier

Bank of Oklahoma

Bryan E. Rowland, LPC, JD

Attorney

2013 Annual Report

Agency honored

Tulsa City Council proclaimed June 22 as Tulsa's Day of Health to honor the citywide health fair co-sponsored by Counseling & Recovery Services at Promenade Mall. This was the first city proclamation and the second year for the agency to host a citywide health fair. City Councilor Arianna Moore, a Counseling & Recovery Services board member, (left), give the proclamation to Sheila Cooper of Promenade Mall, Executive Director Bryan Blankenship, Ph.D., Eileen Neighbors of Promenade Mall, and Board Chair Tim Boeckman. Hundreds of people received health information and screenings from 40 vendors during the successful event.

