

2015 Annual Report

A year of thanks

A family of three moved to Tulsa and needed support for mental health issues including severe depression, schizophrenia and anxiety.

With the help of our physicians and outpatient services, the son's depression symptoms are gone. He is happy and active in school. Mom leaves the house because her schizophrenia and anxiety are under control. Dad is succeeding in college because his family is better.

Grandparents raising their grandchildren were about to give up guardianship due to out-of-control behavior. Through Wraparound Tulsa, the children learned skills to control their behavior, and the grandparents received guidance, education and support. The family is together, thanks to you.

Clients and their families say thanks every day.

This publication is our way of sharing thanks with you because you made it possible.

"How lucky I am that I have something that makes saying goodbye so hard," one CALM Center client wrote at the end of her stay. She arrived in crisis and left in seven days with hope for a better future.

One adult client said, "Good docs and staff and the pharmacy literally saves my life every month with my meds."

These are only a few of the stories from the 76,432 hours services provided to over 5,000 children and adults in 2015. Every number is a need met with your support. On behalf of each number, we say thank you.

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Counseling & Recovery Services receives funding through a contract with the Oklahoma Department of Mental Health & Substance Abuse Services, Medicaid, Medicare, and through charitable gifts.

Thanks for a year of success

By Bryan K. Blankenship, PhD
Executive Director

In 2015, the Counseling & Recovery Services staff and clients once again demonstrated their commitments to growth and change.

One of the most significant changes occurred when we became the only Community Mental Health Center in Oklahoma to be certified in the Sanctuary Model of Care. Using this model as our blueprint, the Counseling & Recovery community works together to create a safe environment, using trauma-informed practices to help clients identify and manage emotions, process loss and create hope for a future of growth and change.

With certification as a Health Home provider, Counseling & Recovery Services has improved its capability to create better health outcomes for those with significant physical health challenges. Through a team approach, we help clients find and manage physical health and wellness services in addition to continued help with mental health and substance abuse issues.

Our Counseling & Recovery Services community is proud of our three-year Certification with Special Distinction as a Community Mental Health Center and as a Certified Substance Abuse Provider from the Oklahoma Department of Mental Health and Substance Abuse Services. This reflects our commitment to providing quality services as well as access to care.

Our greatest thanks are the ones that come from the heart that we receive from our clients every day.

Today, we give you our heartfelt thanks.

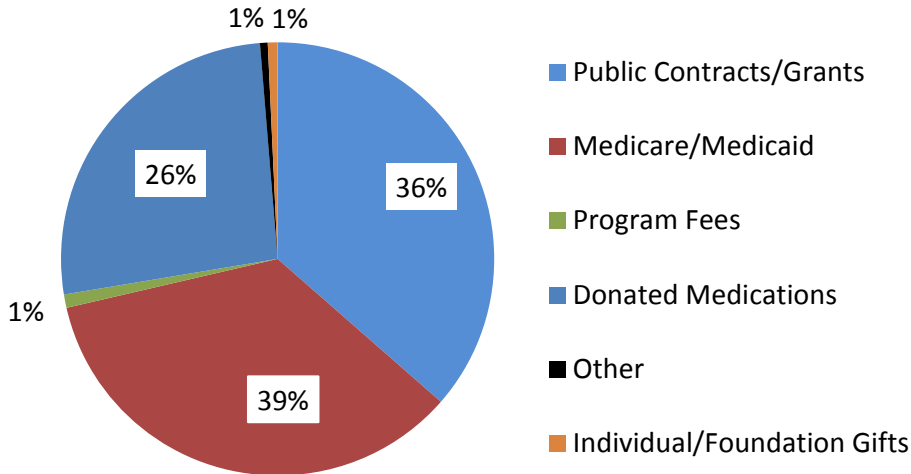
\$3.5 million in donated medicine

Our pharmacy team filled 55,245 prescriptions for clients.

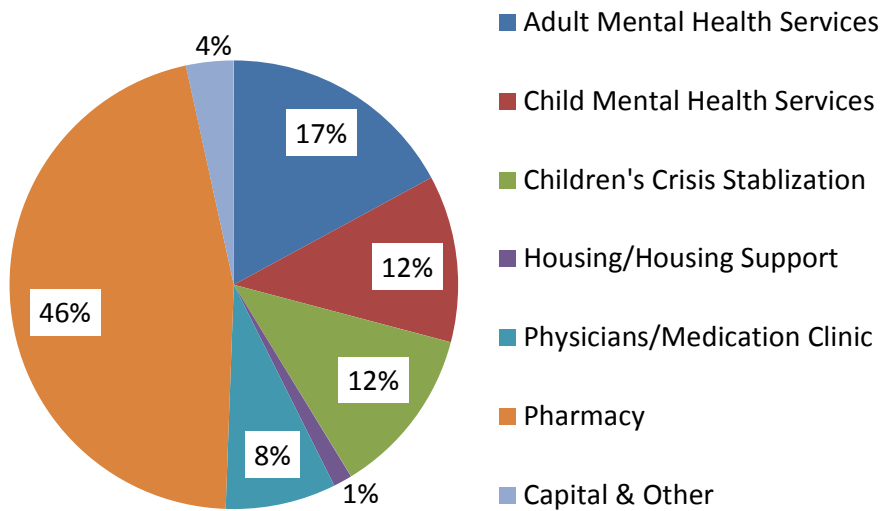
Sixty percent of clients do not have insurance or income to pay for prescriptions.

Thankfully, the pharmacy requested and received \$3.5 million in donated medicine from pharmaceutical companies for clients who would otherwise go without their medicine.

FY15 Revenue



FY15 Expenses



2015 Donors

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Thank you for your monetary gifts in memory of:

Lander Bray
 Blake Lewis

2015 Annual Report

‘Thank you for taking good care of my granddaughter.’

1,422 children and their families received services in 2015. The CALM Center provided crisis stabilization for 602 youth ages 10-17, including this granddaughter. The CALM Center is eastern Oklahoma’s only crisis stabilization center and cares for children regardless of ability to pay thanks to funding from the Oklahoma Department of Mental Health and Substance Abuse Services and generous donations from individuals and foundations.

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a good budget and financial plan will help you
get control of your financial future.

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a strong financial future for you and your family.

To learn more please contact
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