

# 2016 Annual Report



Thanks to generous gifts, the CALM Center's renovation capital campaign is closing in on its \$1.3 million goal. Fundraising is still underway.

The CALM Center, a state leader in children's crisis care, has served well over 4,000 children and families and operated around the clock since 2008. It is eastern Oklahoma's only crisis stabilization center for youth and one of only three in the state, filling the gap between outpatient care and inpatient/residential care. Demand has put a strain on the current facility and its ability to best serve children and their families.

Leaving a child for seven days of treatment is a difficult decision. A welcoming, peaceful environment helps ease anxiety for parents/guardians. Planned renovations will create a larger, more welcoming lobby, new multipurpose room for family visits and education, and two new offices for admissions and counseling.

Using the Sanctuary Model of care, CALM Center results are substantial. Depression symptoms drop by 45 percent and anxiety symptoms decrease by 53 percent. With most connected to further outpatient care, only 6 percent of clients are discharged to a higher level of care.

Parents and children say the CALM Center saves and changes lives. Here are just two comments:

"I got the help I needed. This place is amazing. I can finally be happy."

"Absolutely helped my son with his anger issues. I would recommend to anyone who needs help or just a break."

Most private insurance does not cover the cost of CALM Center treatment. Some children's care is funded through either the Oklahoma Department of Mental Health and Substance Abuse Services or the Oklahoma Health Care Authority's SoonerCare. Others are served due to generous individual and foundation donations.

Donors also provide in-kind gifts including food, recreational equipment, and backpacks full of clothes, toiletries and other needed items. These gifts are priceless to those youth who arrive with few belongings, sometimes in a paper bag.

To learn more, visit [www.crsok.org](http://www.crsok.org) or call the center at 918.394.2256.

To donate, contact Development Director Lindsay Hughes at 918.392.5809 or [lhughes@crsok.org](mailto:lhughes@crsok.org).

## Board of Directors

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### Executive Director

**Bryan K. Blankenship, Ph.D.**

Counseling & Recovery Services receives funding through a contract with the Oklahoma Department of Mental Health & Substance Abuse Services, Medicaid, Medicare, and through charitable gifts.

# You are key to success

**By Bryan K. Blankenship, PhD**  
Executive Director

Organizations are made up of individuals. Healthy organizations, just like healthy individuals, rely on social, financial, and faith connections providing support and guidance to stay healthy and grow. Few organizations can operate in a vacuum without the community's support. This is particularly true for Counseling & Recovery Services of Oklahoma.

Over the past 34 years, Counseling & Recovery Services has built strong partnerships essential for meeting our clients' needs. We have dedicated financial donors who have supported us year after year. Saying we are grateful is not enough.

No less important are our in-kind donors. A backpack for a child in crisis or a holiday gift for an adult, child or family is a powerful and affirming message to someone in need. Such gifts let clients know their community cares. We know and have witnessed that such support is essential for recovery.

Our staff members and Board of Directors are especially important donors. They help clients in many ways over and above the services provided. Their investments of time, money and caring have resulted in significant dividends in helping building better lives.

We are grateful to each individual, business, foundation and organization who provided support to our clients and in helping to fulfill our mission over this past year.

Looking forward to our continued partnership in 2017.

## Highlights

**5,000 children, adults & families received 148,342 services**

**Children's services reduced school days missed by 93.**

**The pharmacy filled 47,960 prescriptions.**

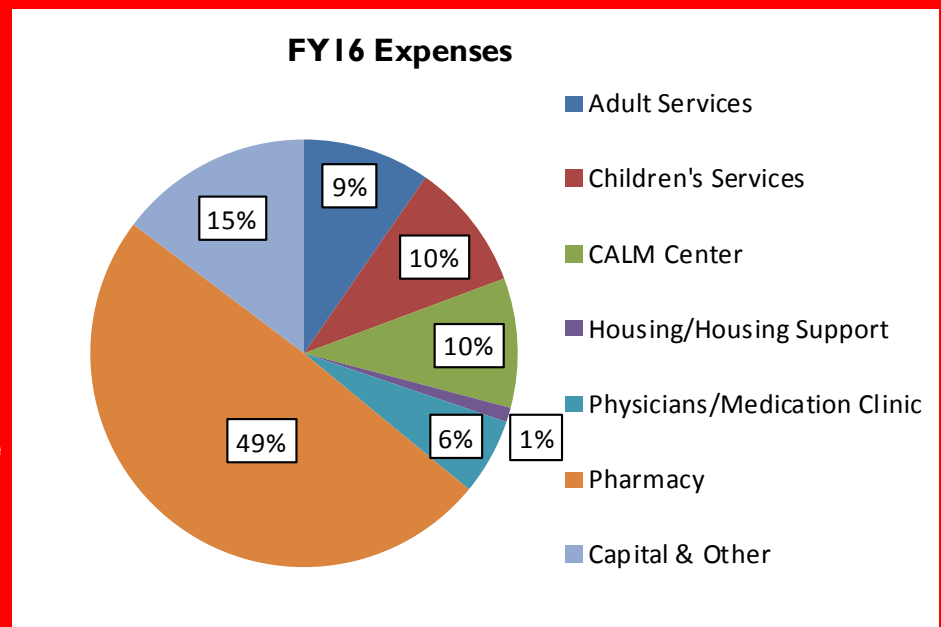
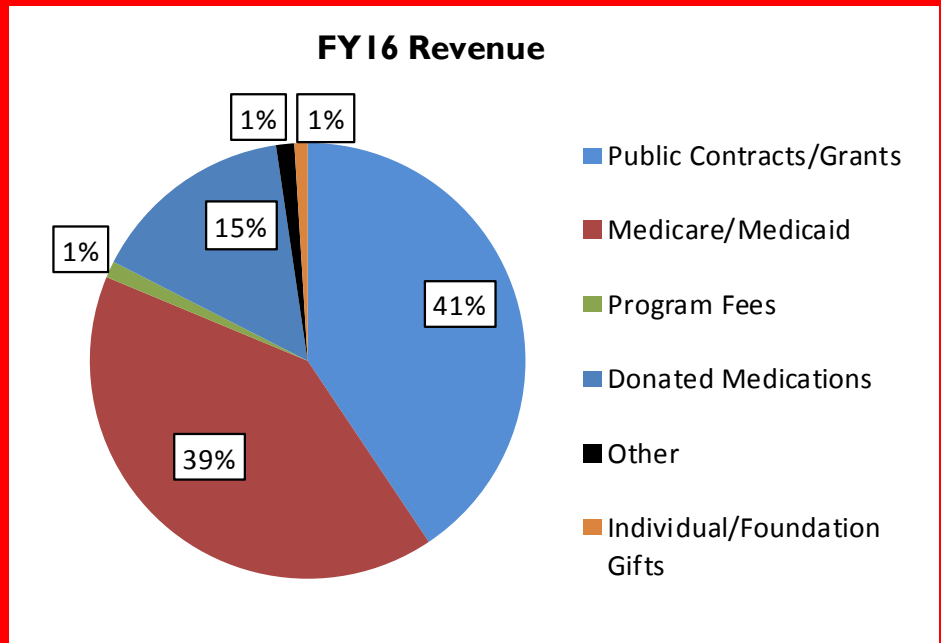
**\$2.3 million in donated medications helped clients without insurance receive needed prescriptions.**

**12 clients graduated from mental health court**

**Clients gave us a 95% satisfaction rating**

## 2016 Donors

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 Glenda and Hugh Wallace  
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 Jim and Lorraine Wise

#### In Honor of Staff

Jeffrey Alderman, MD, MS

## 2016 Annual Report



### Holiday cheer

*Backpacks donated by Victory Energy and filled with gifts from Church of the Madalene's Social Concerns Committee were among those given to children and families for the holidays. Joy for the Cause provided backpacks filled with gifts in the fall. Our need for in-kind and monetary gifts continue year-round. To learn more, contact Lindsay Hughes at 918.392.5809.*