

FALL 2022



## CRSOK Services Expanded to Include Physical Health & Wellness

Counseling and Recovery Services of Oklahoma (CRSOK) is excited to announce expanded services which now provide primary care in addition to existing behavioral health services. CRSOK offers comprehensive access to community-based mental and substance use disorder services, treatment of co-occurring disorders, and physical healthcare to anyone, regardless of their ability to pay.

“We now provide everyone we serve with a comprehensive system of care that addresses all the barriers to living their best life,” said Executive Director Bryan Blankenship, PhD. “Our doors are open to anyone struggling with mental and behavioral health issues and/or substance use disorders. Our holistic approach to our clients’ overall health will help address contributing physical health factors as well as improve their socioeconomic connections.”

In March, CRSOK received a certification and grant from ODHMSAS/SAMHSA to operate as a Certified Community Behavioral Health Clinic (CCBHC) – a progressive national model changing the face of community mental health centers nationwide. CCBHC’s reduced the proportion of clients seen in emergency departments by 18-47% and those admitted to inpatient care by 20-69%.

CRSOK’s new CCBHC model of person-centered and trauma-informed services, include: Mental/Behavioral Health; Primary Physical Health; Crisis Intervention & Evaluation; In-House Pharmacy; Job Placement; and Housing.

# Board Member Spotlight

## Board of Directors

CHAIR

**Deneisha Johnson**  
American Red Cross

VICE CHAIR

**Aaron Armstrong**  
BancFirst

MEMBERS

**Rebecca Bennett**  
Red Door Multimedia Group

**Capt. Stephen Boyes**  
Tulsa Police Department

**Angela Dotson**  
University of Tulsa

**Angela Elmore**  
Tulsa Community College

**Paden Ferguson**  
Fulcrum

**Tyler Hellman**  
Rogue Recruiting

**Dennis Howell**  
Gig Wage

**Natalie Leddy**  
TEK Systems

**Jason Prideaux**  
ORU

**Suzi Richards**  
EyeCare Services Partners

**Kelsey Scott**  
Sway Medical

**Paula Shannon**  
Tulsa Public Schools

**Robin Berkstresser Walters**  
Rogue Recruiting

BOARD INTERN

**Brittany Conley**  
Leadership Tulsa



## Dennis Howell

Gig Wage

Dennis Howell is an IT professional and innovative leader with extensive experience in operations management, business, and leadership. He currently serves remotely as the Operations Manager at Gig Wage - Dallas, TX, responsible for all projects and deliverables supporting the CPO, including product operations, compliance, customer success, and business reporting.

Dennis is a valuable industry asset with a global outlook marked by his proven leadership skills and ability to define and implement a strategic plan. With over 20 years of experience in Information Technology, Dennis's expertise is anchored in technology strategy, business research analysis, technical support, and operational management oversight to deliver numerous successful projects. Armed with an inherent instinct for business, he has supported tech start-ups for the past ten years, empowering budding entrepreneurs to scale and grow.

Community service is essential to Dennis, who has spent the past three years lending his expertise as a leader for non-profit boards. He is the IT Committee Chair on our Board and has served as a board intern at Youth Services of Creek County.

Dennis received his Bachelor of Science in Computer Information Systems from Lehman College, CUNY. A continuous learner who seeks to improve and evolve, he is professionally trained in Python, SQL, Project Management, and Leadership Training at Leadership Tulsa. He constantly keeps up to date with emerging technology, including FinTech, EdTech, SaaS, and Web 3. In addition to his work, Dennis is passionate about health & wellness, education, remote work, travel, outdoors, leadership, volunteering, and youth mentorship.

## Dr. Angela Dotson

University of Tulsa



Dr. Angela Dotson is a nurse educator in the undergraduate program at the University of Tulsa and the graduate program at Oral Roberts University. Her clinical background is primarily adult intensive care and surgical services. As a native Tulsan, she has cared for patients at each major hospital in the community and is passionate about connecting the underserved to vital resources.

Her research interests are compassion fatigue and student success. Dr. Dotson's research published in 2021 focused on compassion fatigue experienced by intensive care nurses during the early stages of the COVID-19 pandemic.

Dr. Dotson was approached by a life-long friend about serving as a board member for Counseling and Recovery Services. Her compelling moral values, extensive healthcare background, and personal experiences with childhood trauma aligned for a strong partnership with CRS. She hopes to bring valuable insight, processes, and compassion to the organization.

Dr. Dotson actively serves her community not only at CRS, but also in the youth program at her church. She is a member of American Nurses Association, Oklahoma Nurse Association, National League for Nursing, Sigma Theta Tau, and American Association of Critical Care Nurses. She is married to Matt, and they have two fur-babies, Casper & Lenny. Together, they enjoy traveling to the beach, going to Walt Disney World with their family, and going on mission trips.

## Your legacy is important to you, your family and your community

There have been updates to tax laws that may affect your current legacy plan or a plan you are considering creating.

Have you considered creating a will or a trust, but do not know the benefits, process or how to start? There are five areas of concern when considering your legacy plan, and we want you to be aware of those when considering your own plan.

If you would like to know more about these topics or would like to talk with someone about starting your legacy plan, please contact us at 918.491.0079.

**Counseling & Recovery**  
SERVICES OF OKLAHOMA



## Now OPEN! Tulsa's ONLY 24/7 Youth Crisis Response Unit



**Immediate youth crisis response,  
evaluation, and stabilization.**

**Immediate coordination and referral  
to higher levels of care, as needed.**

Located on the first floor of the  
Laureate Conference Center

**918.779.HELP (4357)**



7010 S. Yale #215  
Tulsa, OK 74136  
918.492.2554  
www.crsok.org



## THE TIME TO BE AWESOME IS NOW!

Now hiring full-time Outpatient, School-Based, Fee-Based and Intake Therapists!

Comprehensive benefits include:

- Medical, dental and vision insurance
- 4% contribution to 403(b) (*no match required*)
- Paid vacation and sick time
- Paid life and long-term disability insurance
- Employee Assistance Programs
- Pet insurance
- Paid professional training and development
- Short-term disability available

Master's degree in mental health related discipline. Must be licensed or license-eligible in the State of Oklahoma (e.g., LPC, LMFT, LBP or LCSW).

**\$1,500  
SIGNING  
BONUS**

# NOW HIRING!

Oklahoma's Only  
Sanctuary Certified  
Trauma-Informed  
Community!



[www.crsok.org/careers](http://www.crsok.org/careers)